

SUMMER 2010-2011

CLUB PREMIERSHIP

The Athletics NSW Club Premiership was held across 7 Saturday afternoons at various venues from 16 October to 11 December as well as the NSW Relay Championships on 20-21 November. This season Asics Wests finished 4th in the club premiership.

Regular competitors for the club over the 7 rounds of the club premiership were Kiara Fioravanti (7 rounds), Nathan Rushworth (7), Lauren Clark (6), Monique Byers (6), Rebecca Goodwin (6), Georgia Dawson (5), John Crandell (5), Noel Le Guen (5), Benjamin Martin (4), Brad Gibson (4), Daniel Keene (4), David Lewis (4), David Snowdon (4), Deborah Walsham (4), Hayden Sly (4), Jake Stein (4), Jo Dawson (4), Karina Bangel (4), Michael Doggett (4), Rhys Stein (4), Robert Jessep (4), Robert Mason (4), Tom McCoy (4), Earl O'Brien (3), Ellen Dobrijevic (3), Jeff Pillon (3), Jemma Wotton (3), Kirsty Klein (3), Olivia Dooley (3) and Tavleen Singh (3).

NSW 3000M CHAMPIONSHIPS 13 NOVEMBER 2010 SYDNEY OLYMPIC PARK ATHLETIC CENTRE

Group	Event	Name	Place	Performance
Open Female	3000m	Milly Clark	8 th	10:07.31
		Charlotte Wilson	27 th	11:11.80
		Caitlin McCartney	35 th	11:33.05
Open Male	3000m	David Ricketts	16 th	8:26.26
		James Perrett	57 th	9:14.72
		Edward O'Brien	70 th	9:31.24
		Michael Doggett	81 st	9:43.24
		Robert Mason	133 rd	13:28.00
		Brendon Conneely	-	DNF

NSW RELAY CHAMPIONSHIPS 20 & 21 NOVEMBER 2010 SYDNEY OLYMPIC PARK ATHLETIC CENTRE

A very successful weekend at the 2010 State Relay Championships with the club's 36 teams collecting 17 medals – 5 gold, 7 silver, 5 bronze.

In winning the Under 18 javelin, the team of Elliott Lang, Rhys Stein, Jake Stein and Steven Jessep broke the meet record with a distance of 192.84 metres. Special mention also to Jake Stein who won 10 medals (4 gold, 3 silver and 3 bronze).

Other multiple medal winners included Rhys Stein and Steven Jessep (2 gold, 3 silver), Elliott Lang (2 gold, 2 silver, 1 bronze) and John Crandell (1 gold, 3 bronze)

Thanks to all the athletes and coaches and especially to Jeff Pillon for all his time and effort in organising the teams for this event and helping make the weekend such a success.

Group	Event		Place	Performance
U14 Female	4 x 800m	M Byers, O Dooley, E O'Neill, A Rockliff	2 nd	10:02.66
	4 x 800m	J Wotton, O Whiting, A Whiting, T Maruta	8 th	10:52.46
	4 x 1500m	O Whiting, J Wotton, T Maruta, E O'Neill	2 nd	21:58.75
	Long Jump	T Maruta, C Winsler, K Robinson, D Southern	6 th	14.81m
U16 F	4 x 400m	M Byers, O Whiting, E O'Neill, T Hunter	4 th	4:13.47
U18 Female	4 x 100m	T Mossfield, T Singh, S Klein, C Mifsud T Mossfield, T Singh, S Klein, C Mifsud	Heat 4 th	51.23
	4 x 200m	M Barber, K Fioravanti, R Cartwright, C Mifsud	4 th	1:47.94
	4x1500m W	K Klein, S Southern, T Maruta, D Southern	3 rd	32:21.62
	4 x 1500m	A Wawn, O Dooley, C McCartney, M Middleton	2 nd	20:34.92
	High Jump	E Crutcher, T Bostock, S Klein, K Klein	= 1 st	6.50m
	Long Jump	S Klein, T Mossfield, K Fioravanti, R Cartwright	3 rd	18.70m
Open Female	4 x 100m	R Goodwin, L Clark, D Walsham, K Fioravanti K Fioravanti, T Singh, L Clark, R Goodwin	Heat 8 th	50.74
	Medley	G Dawson, J Dawson, E Dobrijevic, R Goodwin	9 th	4:26.76
U16 M	4 x 800m	D Keene, T McCoy, Asghar Gulzari, H Sly	2 nd	8:46.97
U18 Male	4 x 100m	S Jessep, Ali Nazari, S Dicker, J Stein	13 th	46.95
	4 x 200m	S Jessep, Ali Nazari, S Dicker, J Stein	6 th	1:36.48
	4 x 400m	S Jessep, S Dicker, J Stein, Murtaza Tahiri	9 th	3:38.84
	High Jump	J Stein, D Snowdon, S Jessep, R Stein	2 nd	7.15m
	Long Jump	J Stein, R Stein, S Jessep, S Dicker	1 st	23.37m
	Shot Put	J Stein, E Lang, R Stein, S Jessep	2 nd	50.98m
	Discus	J Stein, E Lang, R Stein, S Jessep	2 nd	154.98m
	Javelin	E Lang, R Stein, J Stein, S Jessep,	1 st	192.84m R
U20 Male	4 x 100m	B Martin, J Bangel, R Jessep, J Crandell	5 th	45.59
	4 x 200m	R Jessep, J Crandell, N Rushworth, J Stein	3 rd	1:34.56
Open Male	4 x 100m	L Maxwell, B Jukic, N Le Guen, J Pillon	12 th	44.28
	4 x 200m	R Jessep, J Crandell, N Le Guen, J Pillon	10 th	1:36.87
	4 x 400m	I Dewhurst, J Bangel, N Le Guen, J Pillon	Heat	3:22.01
		I Dewhurst, J Bangel, N Le Guen, J Pillon	8 th	3:29.33
	4 x 800m	Earl O'Brien, J Perrett, R De silva, Ed O'Brien	10 th	8:59.91
	4 x 1500m	Earl O'Brien, Ed O'Brien, J Perrett, M Doggett	5 th	17:24.67
	High Jump	M Cox, B Martin, N Le Guen, B Gibson	4 th	6.85m
	Long Jump	J Crandell, J Stein, N Le Guen, R Jessep	3 rd	24.45m
	Shot Put	J Stein, J Crandell, E Lang, B Gibson	3 rd	40.95m
	Discus	N Sawaszenko, J Stein, B Leslie, M Sawaszenko	1 st	165.80m
Javelin	J Crandell, E Lang, B Gibson, J Stein	1 st	209.00m	
160+ Male	4 x 800m	D Lewis, M Doggett, R Mason, G Ritchie	5 th	9:47.06
	4 x 1500m	G Ritchie, R Mason, D Lewis, M Doggett	5 th	20:39.73

**NSW COMBINED EVENT CHAMPIONSHIPS
8 & 9 JANUARY 2011
CAMPBELLTOWN**

Group	Event	Name	Place	Performance
U14 Female	Pentathlon	Marnie Clarkson	2 nd	2316
	Pentathlon	Elizabeth Baral	3 rd	2263
U18 Female	Heptathlon	Sara Klein	4 th (3 rd NSW)	4068
U16 Male	Heptathlon	Rhys Stein	1 st	4158
U18 Male	Decathlon	Jake Stein	1 st	7049
U20 Male	Decathlon	Nathan Rushworth	3 rd (2 nd NSW)	6286
45-49 Male	Pentathlon	Robert Mason	2 nd	1780
70-74 Male	Pentathlon	Robert Newey	1 st	1847

**NSW 10000M TRACK WALK CHAMPIONSHIPS
8 JANUARY 2011
CAMPBELLTOWN**

Group	Event	Name	Place	Performance
Open Female	10000m Walk	Kirsty Klein	-	DNF

**NSW 5000M CHAMPIONSHIPS
3 FEBRUARY 2011
SYDNEY OLYMPIC PARK ATHLETIC CENTRE**

Group	Event	Name	Place	Performance
Open Female	5000m	Milly Clark	5 th	17:18.95
		Deborah Walsham	16 th	21:09.49
Open Male	5000m	Earl O'Brien	15 th	15:07.25
		James Perrett	33 rd	16:05.89

**NSW CLUB CHAMPIONSHIPS
5 FEBRUARY 2011
SYDNEY OLYMPIC PARK ATHLETIC CENTRE**

In the both the male and female competitions Asics Wests were placed 5th in the team point score. The club had 27 athletes compete at this one day meet. Christine Wearne, Tavleen Singh, Chelsea Mifsud, Kiara Fioravanti, Jo Dawson, Monique Byers, Georgia Dawson, Jemma Wotton, Ellen Dobrijevic, Emily O'Neill, Sara Klein, Lauren Clark, Tamara Mossfield, Rachel Evans, Abdel Elkout, Jake Stein, Jeff Pillon, Daniel Keene, Tom McCoy, Hayden Sly, Earl O'Brien, Michael Doggett, Rhys Stein, John Crandell, Robert Jessup, Benjamin Martin, Nicholas Sawaszenko.

Standout performances from Christine Wearne (2nd 100m), Sara Klein (3rd 200m Hurdles), Lauren Clark (2nd Long Jump), Rachel Evans (3rd Discus), Jake Stein (2nd Long Jump) and John Crandell (3rd Long Jump).

NSW JUNIOR AND YOUTH CHAMPIONSHIPS
11, 12 & 13 FEBRUARY 2011
SYDNEY OLYMPIC PARK ATHLETIC CENTRE

Group	Event	Name	Place	Performance
U14 Female	100m	Elizabeth Baral	Prelim	(-4.7) 14.13
	100m	Elizabeth Baral	Final 2 nd	(-1.8) 13.70
	High Jump	Marnie Clarkson	1 st	1.55m
	Pole Vault	Elizabeth Baral	1 st	2.50m
	Long Jump	Elizabeth Baral	8 th	(0.4) 4.28m
	Discus	Marnie Clarkson	6 th	25.39m
U16 Female	400m	Amanda Irwin	Prelim	62.55
	400m	Monique Byers	Prelim	60.64
	400m	Monique Byers	Final 2 nd	60.42
	800m	Emily O'Neill	Prelim	2:22.98
	800m	Jemma Wotton	Prelim	2:46.48
U18 Female	100m	Tavleen Singh	Prelim	(-1.1) 12.34
	100m	Tavleen Singh	Final 1 st	(-3.0) 12.54
	100m	Chelsea Mifsud	Prelim	(-3.1) 13.29
	200m	Chelsea Mifsud	Prelim	(-3.7) 26.76
	200m	Tavleen Singh	Prelim	(-2.8) 25.57
	200m	Tavleen Singh	Final 2 nd	(-4.1) 25.47
	1500m	Aleisha Wawn	18 th	5:40.17
	100m Hurdles	Sara Klein	Prelim	(-2.6) 15.73
	100m Hurdles	Sara Klein	Final 3 rd	(-3.0) 14.84
	400m Hurdles	Ellen Dobrijevic	Prelim	71.63
	400m Hurdles	Sara Klein	Prelim	64.93
	400m Hurdles	Sara Klein	3 rd	63.95
	2000m Steeple	Ellen Dobrijevic	4 th	7:55.04
	High Jump	Emily Crutcher	1 st	1.78m
	High Jump	Tamika Bostock	3 rd	1.65m
	Javelin	Katrina Blackett	1 st	35.39m
	5000m Walk	Kirsty Klein	2 nd	25:05.46
	5000m Walk	Shay Southern	6 th	29:49.79
	U20 Female	1500m	Miranda Middleton	2 nd
Pole Vault		Marlee Barber	1 st	2.80m
Long Jump		Tamara Mossfield	5 th	(1.9) 4.70m
Triple Jump		Tamara Mossfield	6 th	(0.3) 10.11m
U16 Male	800m	Daniel Keene	Prelim	2:04.76
	800m	Daniel Keene	Final 2 nd	2:03.52
	1500m	Daniel Keene	5 th	4:27.74
	1500m	Hayden Sly	11 th	4:33.73
	100m Hurdles	Rhys Stein	4 th	(-1.0) 14.31
	200m Hurdles	Rhys Stein	2 nd	(-2.5) 27.93
	High Jump	Rhys Stein	7 th	1.65m
	Pole Vault	Angus Armstrong	3 rd	2.70m
	Long Jump	Rhys Stein	3 rd	(2.2) 6.17m

Group	Event	Name	Place	Performance
	Discus	Rhys Stein	4 th	47.05m
	Javelin	Rhys Stein	1 st	47.70m
U18 Male	100m	Abdel Elkout	Prelim	(-1.5) 11.42
	100m	Abdel Elkout	4 th	(-1.8) 11.26
	200m	Abdel Elkout	Prelim	(-1.3) 22.99
	200m	Abdel Elkout	2 nd	(-3.3) 23.21
	800m	Tom McCoy	Prelim	2:03.99
	110m Hurdles	Jake Stein	1 st	(-2.9) 14.65
	110m Hurdles	Jack Bangel	3 rd	(-2.9) 15.08
	400m Hurdles	Jack Bangel	Prelim	54.36
	400m Hurdles	Jack Bangel	1 st	53.78
	High Jump	David Snowdon	1 st	2.08m
	High Jump	Jake Stein	2 nd	2.04m
	Long Jump	Jake Stein	2 nd	(1.4) 6.90m
	Shot Put	Jake Stein	2 nd	16.77m
	Shot Put	Elliott Lang	4 th	14.58m
	Discus	Jake Stein	1 st	53.50m
	Discus	Elliott Lang	4 th	44.31m
	Javelin	Elliott Lang	1 st	65.37m
	Javelin	Jake Stein	-	ND
5000m Walk	Nathan Fazldad	-	DNF	
U20 Male	110m Hurdles	Nathan Rushworth	3 rd	(-1.6) 15.25
	400m Hurdles	Cameron Jones	2 nd	58.21
	Pole Vault	Nathan Rushworth	1 st	4.00m
	Long Jump	Ben Martin	5 th	(2.6) 6.34m

**AUSTRALIAN JUNIOR CHAMPIONSHIPS
10 - 14 MARCH 2011
SYDNEY OLYMPIC PARK ATHLETIC CENTRE**

Gold medals were won by Elizabeth Baral in the pole vault, Jack Bangel in the 400m hurdles, David Snowdon in the high jump and by Jake Stein in both the long jump and shot. Jake Stein also won a silver medal in the discus while Elliott Lang took silver in both the U18 and U20 Javelin. Bronze medals won by Emily Crutcher, Tavleen Singh and Rhys Stein.

Group	Event	Name	Place	Performance
U14 Female	100m	Elizabeth Baral	8 th	(0.2) 13.83
	High Jump	Marnie Clarkson	6 th	1.50m
	Pole Vault	Elizabeth Baral	1 st	2.50m
U15 Female	400m	Monique Byers	Prelim	59.75
	400m	Monique Byers	4 th	59.51
	800m	Emily O'Neill	9 th	2:22.08
U17 Female	High Jump	Tamika Bostock	7 th	1.60m
	Javelin	Katrina Blackett	5 th	38.64m
	5000m Walk	Shay Southern	12 th	28:56.81

Group	Event	Name	Place	Performance
U18 Female	100m	Tavleen Singh	Prelim	(0.2) 12.35
	100m	Tavleen Singh	3 rd	(2.8) 12.13
	200m	Tavleen Singh	Prelim	(-0.9) 25.03
	200m	Chelsea Mifsud	Prelim	(-1.1) 26.02
	200m	Tavleen Singh	6 th	(0.1) 25.26
	100m Hurdles	Sara Klein	Prelim	(-1.2) 14.79
	100m Hurdles	Sara Klein	4 th	(2.6) 14.17
	400m Hurdles	Sara Klein	Prelim	62.87
	400m Hurdles	Sara Klein	6 th	63.74
	High Jump	Emily Crutcher	3 rd	1.76m
	5000m Walk	Kirsty Klein	4 th	25:24.99
U20 Fem	Pole Vault	Marlee Barber	-	NH
U15 Male	Pole Vault	Angus Armstrong	6 th	2.70m
U16 Male	800m	Daniel Keene	Prelim	2:02.87
	800m	Daniel Keene	7 th	2:02.47
	100m Hurdles	Rhys Stein	Prelim	(0.9) 13.89
	100m Hurdles	Rhys Stein	3 rd	(0.7) 13.67
	200m Hurdles	Rhys Stein	Prelim	(-1.2) 27.40
	200m Hurdles	Rhys Stein	5 th	(1.7) 26.80
	Long Jump	Rhys Stein	5 th	(4.3) 6.24m
	Discus	Rhys Stein	8 th	48.60m
	Javelin	Rhys Stein	6 th	49.27m
U17 Male	800m	Tom McCoy	Prelim	2:13.73
U18 Male	100m	Abdel Elkout	Prelim	(0.7) 11.01
	100m	Abdel Elkout	4 th	(3.4) 10.67
	200m	Abdel Elkout	Prelim	(0.1) 22.64
	110m Hurdles	Jake Stein	Prelim	(-1.0) 14.44
	110m Hurdles	Jack Bangel	Prelim	(1.0) 14.54
	110m Hurdles	Jack Bangel	5 th	(0.6) 14.56
	110m Hurdles	Jake Stein	8 th	(0.6) 15.23
	400m Hurdles	Jack Bangel	Prelim	53.93
	400m Hurdles	Jack Bangel	1 st	52.13
	High Jump	David Snowdon	1 st	2.10m
	High Jump	Jake Stein	5 th	1.96m
	Long Jump	Jake Stein	1 st	(0.0) 7.15m
	Shot Put	Jake Stein	1 st	16.78m
	Discus	Jake Stein	2 nd	53.10m
	Javelin	Elliott Lang	2 nd	71.23m
U20 Male	110m Hurdles	Nathan Rushworth	9 th	(1.0) 15.43
	400m Hurdles	Cameron Jones	Prelim	DQ
	Pole Vault	Nathan Rushworth	4 th	4.20m
	Discus	Jake Stein	5 th	47.47m
	Javelin	Elliott Lang	2 nd	63.66m

In addition to the individual results above four of our athletes ran in NSW relay teams: Elizabeth Baral U14 4x100m 2nd, Tavleen Singh U18 4x100m 2nd & U20 4x100m 2nd, Abdel Elkout U18 4x100m 1st, Jack Bangel U18 4x400m 2nd.

NSW OPEN CHAMPIONSHIPS
25, 26 & 27 MARCH 2011
SYDNEY OLYMPIC PARK ATHLETIC CENTRE

Congratulations to State Open Champions Milly Clark (3000m Steeple), Marlee Barber (Pole Vault) and Ian Dewhurst (400m Hurdles).

Group	Event	Name	Place	Performance
Open Female	100m	Christine Wearne	Prelim	(-1.8) 12.40
	100m	Christine Wearne	4 th (3 rd NSW)	(-0.4) 12.27
	100m	Tavleen Singh	Prelim	(-3.8) 12.75
	100m	Jane Dike	Prelim	(-1.7) 13.08
	200m	Christine Wearne	Prelim	(-1.7) 25.07
	200m	Christine Wearne	6 th	(-0.5) 24.95
	200m	Mabel Madojemu	Prelim	(-1.0) 25.99
	200m	Rebecca Goodwin	Prelim	(-0.8) 27.99
	1500m	Miranda Middleton	8 th	4:31.38
	400m Hurdles	Sara Klein	2 nd	1:02.70
	400m Hurdles	Jo Dawson	5 th	1:04.76
	3000m Steeple	Milly Clark	1 st	10.26.87
	High Jump	Emily Crutcher	= 2 nd	1.75m
	Pole Vault	Marlee Barber	1 st	3.10m
	Triple Jump	Lauren Clark	2 nd	(2.3) 12.19m
	Discus	Rachel Evans	8 th	41.26m
	5000m Walk	Kirsty Klein	2 nd	25:38.34
	Open Male	100m	Jacob Groth	Prelim
100m		Jacob Groth	Semi	(-0.7) 10.84
100m		Jacob Groth	4 th	(0.0) 10.63
100m		Bangalie Keita	Prelim	(-0.8) 11.17
100m		Bangalie Keita	Semi	(-1.7) 11.00
100m		Bangalie Keita	9 th	(0.0) 10.96
200m		Jacob Groth	Prelim	(-1.8) 21.95
200m		Jacob Groth	2 nd	(-0.9) 21.64
400m		Jeff Pillon	Prelim	52.76
800m		David Ricketts	Prelim	1:53.11
800m		David Ricketts	7 th	1:54.26
800m		Michael Doggett	Prelim	2:03.25
1500m		Michael Doggett	Prelim	4:20.17
400m Hurdles		Ian Dewhurst	Prelim	53.63
400m Hurdles		Ian Dewhurst	1 st	51.32
400m Hurdles		Jack Bangel	Prelim	53.88
400m Hurdles		Jack Bangel	6 th	53.61
400m Hurdles		Cameron Jones	Prelim	58.64
High Jump		David Snowdon	6 th	1.95m
Pole Vault		Nathan Rushworth	3 rd	4.20m
Long Jump		Benjamin Martin	9 th	(1.8) 6.61m

Group	Event	Name	Place	Performance
	Discus	Nick Sawaszenko	3 rd	49.68m
	Discus	Matt Sawaszenko	10 th	35.31m
	Javelin	Elliott Lang	3 rd	63.09m
	Javelin	John Crandell	4 th	60.83m
	10000m	Earl O'Brien	12 th	32:26.42
	10000m	James Perrett	13 th	33:01.51
	10000m	Robert Mason	27 th	47:32.44

**AUSTRALIAN COMBINED EVENT CHAMPIONSHIPS
31 MARCH & 1 APRIL 2011
WESTERN AUSTRALIAN ATHLETICS CENTRE, PERTH**

Congratulations to gold medallists Jake Stein and Rhys Stein for their performances at the Australian Combined Event Championships. Jake's score of 7427 in the Under 18 Decathlon was achieved through a series of strong performances - 100m 11.51 (w:2.0), Long Jump 6.21m (w:0.7), Shot Put 15.88m High Jump 1.91m, 400m 52.37, 110m Hurdles 14.35 (w:0.3), Discus 53.17m Pole Vault 3.30m, Javelin 55.22m, 1500m 4:45.60

Group	Event	Name	Place	Performance
U16 Male	Heptathlon	Rhys Stein	1 st	4631
U18 Male	Decathlon	Jake Stein	1 st	7427
U20 Male	Decathlon	Nathan Rushworth	3 rd	6225

**NSW MASTERS & UNDER 23 CHAMPIONSHIPS
9 & 10 APRIL 2010
BLACKTOWN OLYMPIC PARK ATHLETICS CENTRE**

Group	Event	Name	Place	Performance
U23 F	400m Hurdles	Jo Dawson	2 nd	65.90
65-69 F	5000m Walk	Joan Purcell	1 st	37:12.75
U23 Male	800m	Dave Parkes	2 nd	2:01.80
	1500m	Dave Parkes	2 nd	4:20.07
	Javelin	John Crandell	2 nd	60.30m
35-39 Male	800m	Michael Doggett	1 st	2:04.94
	1500m	Michael Doggett	1 st	4:24.07
45-49 Male	400m	Paul de la Motte	10 th	66.04
	800m	Robert Mason	5 th	2:32.00
	110m Hurdles	Robert Mason	2 nd	(2.0) 26.56
	400m Hurdles	Robert Mason	1 st	1:24.97
	3000m Steeple	Robert Mason	2 nd	14:18.04
	High Jump	Robert Mason	1 st	1.20m
	Triple Jump	Robert Mason	1 st	(1.1) 7.19m

AUSTRALIAN ATHLETICS CHAMPIONSHIPS
15, 16 & 17 APRIL 2011
OLYMPIC PARK, MELBOURNE

These were the 89th Australian Athletics Championships. Three of our athletes took home individual medals – Emily Crutcher bronze in the High Jump, Milly Clark third Australian in the 3000m Steeplechase and Ian Dewhurst silver in the 400m Hurdles.

Group	Event	Name	Place	Performance
Open Female	100m	Christine Wearne	Prelim	(-1.3) 12.34
	100m	Christine Wearne	Semi	(-0.9) 12.33
	200m	Christine Wearne	Prelim	(-0.4) 24.76
	400m Hurdles	Jo Dawson	Prelim	66.08
	3000m Steeple	Milly Clark	4 th (3 rd Aus)	10:24.75
	High Jump	Emily Crutcher	3 rd	1.80m
	Triple Jump	Lauren Clark	6 th	(0.2) 11.97m
	Discus	Rachel Evans	9 th	38.97m
Open Male	100m	Bangalie Keita	Prelim	(-2.1) 10.87
	100m	Jacob Groth	Prelim	(0.6) 10.74
	100m	Jacob Groth	Semi	(-1.4) 10.74
	100m	Jacob Groth	Final 7 th	(-0.6) 10.69
	200m	Jacob Groth	Prelim	(-0.1) 21.83
	200m	Jacob Groth	Final 8 th	(-1.2) 21.87
	1500m	David Ricketts	Heat	3:49.61
	1500m	David Ricketts	Final 14 th	3:52.82
	400m Hurdles	Ian Dewhurst	Heat	52.85
	400m Hurdles	Ian Dewhurst	Final 2 nd	51.05
	High Jump	David Snowdon	9 th	1.95m
	Discus	Nicholas Sawaszenko	4 th	51.10m
	Javelin	John Crandell	10 th	61.76m

AUSTRALIAN MASTERS ATHLETICS CHAMPIONSHIPS
21 - 24 APRIL 2011
BRISBANE

At these Championships Michael Doggett (M 35-39 years) won 3 gold medals, the 800m, 1500m and 8km cross country.