

ANWS State Mountain Championships 2010 Kedumbah, Wentworth Falls - Sunday, 11th April

8km Champ	7	3rd	Deborah Walsham	Asics Wests	54.30	Female Open
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Novice Championships 2010 - Saturday, April 24th

10km	9	3914	Warren Simpson	Asics Wests	34.37
10km	20	127	Michael Doggett	Asics Wests	35.48
2km	20		Abbey Rockcliff	Asics Wests	07:36.1
2km	46		Olivia Whiting	Asics Wests	08:19.8
2km	59		Antonia Whiting	Asics Wests	08:38.6
2km	81		Emily Bomtome	Asics Wests	09:22.7
4km	1		David Ricketts	Asics Wests	11.43
4km	84		William Smith	Asics Wests	17.48
4km	85		Daniel Murray	Asics Wests	17.50
4km	86		John Murray	Asics Wests	17.50

ANWS Road Championships - Sydney Olympic Park - Saturday, 1st May

5km	40	847	CHARLOTTE WILSON	FU20	3	0:18:54
5km	88	795	ELISE BLUNDEN	FU18	19	0:23:43
10km	6	891	EARL OBRIEN	MOPEN	7	0:31:18
10km	15	477	ROBIN WHITELEY	M35-39	1	0:31:49
10km	33	1648	WARREN SIMPSON	M35-39	8	0:33:32
10km	92	127	MICHAEL DOGGETT	M35-39	20	0:35:58
10km	139	862	EDWARD OBRIEN	MOPEN	58	0:37:22
10km	373	753	BRONWYN ELLIS-WHITE	F35-39	10	0:43:32
10km	526	670	ROBERT MASON	M40-44	63	0:49:45
2.5km	54	529	JEMMA WOTTON	FU14	27	0:12:33

ANWS Cross Country Relays - Saturday, 29th May at Miranda

U14B - 2km	8	1	ASW 'A'	4211	Aaron Jeffery	0:08:02	0:08:02
		2	ASW 'A'	3906	Daniel Murray	0:08:06	0:16:08
		3	ASW 'A'	3905	Justin Murray	0:08:52	0:25:00
		4	ASW 'A'	4275	William Smith	0:08:23	0:33:23
U12G - 2km	8	1	ASW 'A'	3031	Isabel Lorenzi	0:08:43	0:08:43
		2	ASW 'A'	4402	Skye Lorenzi	0:08:58	0:17:41
		3	ASW 'A'	4403	Alexandra Oreshkin	0:10:46	0:28:27
		4	ASW 'A'	4383	scarlett pye	0:09:46	0:38:13
U14G - 2km	5	1	ASW 'A'	4221	Antonia Whiting	0:08:04	0:08:04
		2	ASW 'A'	4223	Amy Bonthorne	0:08:46	0:16:50
		3	ASW 'A'	4220	Olivia Whiting	0:08:08	0:24:58
		4	ASW 'A'	4222	Abbey Rockcliff	0:07:33	0:32:31
U20B - 3km	6	1	ASW 'A'	112	Thomas McCoy	0:10:54	0:10:54
		2	ASW 'A'	2270	Daniel Keene	0:10:44	0:21:38
		3	ASW 'A'	998	Jack Bangel	0:13:16	0:34:54
		4	ASW 'A'	129	John Crandell	0:11:07	0:46:01
U18G - 3km	7	1	ASW 'A'	2440	Sara Klein	0:13:32	0:13:32
		2	ASW 'A'	3346	Aleisha Wawn	0:11:37	0:25:09
		3	ASW 'A'	2439	Talisha Maruta	0:14:20	0:39:29
		4	ASW 'A'	1753	Shay Southern	0:13:19	0:52:48
U20G - 3km	4	1	ASW 'A'	1157	Jemma Wotton	0:12:37	0:12:37
		2	ASW 'A'	198	Georgia Dawson	0:12:23	0:25:00
		3	ASW 'A'	199	Jo Dawson	0:13:06	0:38:06
		4	ASW 'A'	997	Charlotte Wilson	0:11:15	0:49:21
Open M - 4km	8	1	ASW 'A'	1576	Earl O'Brien	0:12:08	0:12:08
		2	ASW 'A'	2442	Campbell Hislop	0:14:07	0:26:15
		3	ASW 'A'	1755	Edward O'Brien	0:13:51	0:40:06
		4	ASW 'A'	3331	Robin Whiteley	0:13:36	0:53:42
Open M - 4km	24	1	ASW 'B'	2567	Ian Dewhurst	0:13:55	0:13:55
		2	ASW 'B'	3026	Robert Jessep	0:19:06	0:33:01
		3	ASW 'B'	4054	Rajitha Desilva	0:15:31	0:48:32
		4	ASW 'B'	2438	James Perrett	0:14:21	1:02:53
Open M - 4km	26	1	ASW 'C'	997	Charlotte Wilson	0:15:46	0:15:46
		2	ASW 'C'	4277	Milly Clark	0:15:13	0:30:59
		3	ASW 'C'	114	Michael Loudon	0:15:53	0:46:52
		4	ASW 'C'	129	John Crandell	0:16:52	1:03:44

35+ Male 4km	1	1	ASW 'A'	3331	Robin Whiteley	0:12:31	0:12:31
		2	ASW 'A'	4286	Richard Roberts	0:13:29	0:26:00
		3	ASW 'A'	4208	Marty Doak	0:14:34	0:40:34
		4	ASW 'A'	127	Michael Doggett	0:13:33	0:54:07

ANSW Cross Country Championships on Saturday, 19th June at Nowra

Men 12km	7	1576	O'Brien, Earl	M24	Asics Wests Track & Field	41:55.0	
Men 12km	12	4286	Roberts, Richard	M41	Asics Wests Track & Field	43:36.0	1st 40+
Men 12km	22	2438	Perrett, James	M21	Asics Wests Track & Field	47:01.0	
Men 12km	25	1755	O'Brien, Edward	M24	Asics Wests Track & Field	47:34.0	
Female 8km	7	4277	Clark, Milly	W21	Asics Wests Track & Field	32:54.0	
Female 6km	4		Wilson, Charlotte	W18	Asics Wests Track & Field	24:30.0	
Men 8k CC U20	2		Ricketts, David	M19	Asics Wests Track & Field	27:56.0	

ANSW Road Relay Championships on Saturday, 10th July at Wollongong

Open Females	3rd		Miranda Middleton	4276 ASW		14:59	
			Aleisha Wawn	3346 ASW		15:18	30:17:00
			Charlotte Wilson	997 ASW		14:43	45:00:00
			Milly Clark	4277 ASW		14:34	59:34:00
Open Males	2nd		David Ricketts	2269 ASW-A		11:38	
			Robin Whiteley	3331 ASW-A		12:19	23:57
			Luke Taylor	2446 ASW-A		12:33	36:30:00
			Earl O'Brien	1576 ASW-A		12:00	48:30:00
	15th		Campbell Hislop	2442 ASW-B		13:27	
			James Perrett	2438 ASW-B		13:28	26:55:00
			Rajitha De Silva	4054 ASW-B		16:39	43:34:00
			Edward O'Brien	1755 ASW-B		13:17	56:51:00
Male 35+	4th		Michael Doggett	127 ASW		12:52	
			Glenn Ritchie	124 ASW		14:41	27:33:00
			Marty Doak	4208 ASW		14:01	41:34:00
			Robin Whiteley	3331 ASW		13:22	54:56:00

ANSW Short Cross Country Championships on Saturday, 17th July at Upjohn Park, Dundas

1. Mixed 2.5km Fun Run	1	Dawson, Georgia	W17	Asics Wests	10:42
1. Mixed 2.5km Fun Run	2	Dawson, Jo	W19	Asics Wests	11:21
1. Mixed 2.5km Fun Run	2	Loudon, Michael	M19	Asics Wests	9:51
2. Mixed 1.5km U12 M&W	3	Rockliff, Abbey	W9	Asics Wests	5:43
2. Mixed 1.5km U12 M&W	11	Whiting, Antonia	W10	Asics Wests	6:09
2. Mixed 1.5km U12 M&W	23	Bonthorne, Amy	W8	Asics Wests	6:45
2. Mixed 1.5km U12 M&W	34	Murray, Justin	M9	Asics Wests	7:14
3. Mixed 2.5km U14 M&W	30	Wotton, Jemma	W13	Asics Wests	10:55
3. Mixed 2.5km U14 M&W	32	Whiting, Olivia	W12	Asics Wests	11:06
3. Mixed 2.5km U14 M&W	5	Sly, Hayden	M13	Asics Wests	9:01
3. Mixed 2.5km U14 M&W	32	Smith, William	M12	Asics Wests	10:40
3. Mixed 2.5km U14 M&W	35	Murray, Daniel	M12	Asics Wests	11:02
3. Mixed 2.5km U14 M&W	36	Jeffery, Aaron	M12	Asics Wests	11:20
4. Mixed 2.5km U16 M&W, U18 W	8	Middleton, Miranda	W17	Asics Wests	09:32.0
4. Mixed 2.5km U16 M&W, U18 W	25	Klein, Sara	W16	Asics Wests	11:17.0
4. Mixed 2.5km U16 M&W, U18 W	16	Keene, Daniel	M14	Asics Wests	09:13.0
4. Mixed 2.5km U16 M&W, U18 W	18	Mccoy, Tom	M15	Asics Wests	09:16.0
5. Mixed 5k Open, 35+ W, 55+ M	16	Taylor, John supersquizz	M67	Asics Wests	32:57:00
6. Men 7.5km Open, 35+ MEN	6	O'Brien, Earl	24	Asics Wests	24:31:00
6. Men 7.5km Open, 35+ MEN	7	Taylor, Luke	27	Asics Wests	24:33:00
6. Men 7.5km Open, 35+ MEN	21	Perrett, James	21	Asics Wests	26:51:00
6. Men 7.5km Open, 35+ MEN	41	O'Brien, Edward	24	Asics Wests	29:32:00
35-39 Results	1	Whiteley, Robin	36	Asics Wests	25:19:00
35-39 Results	8	Doggett, Michael	37	Asics Wests	28:32:00
35-39 Results	10	Doak, Marty	36	Asics Wests	29:05:00
45-49 Results	31	Mason, Robert	45	Asics Wests	44:52:00
7. Mixed 5k U18M, U20 M&W	2	Wilson, Charlotte Jane	W18	Asics Wests	19:33
7. Mixed 5k U18M, U20 M&W	1	Ricketts, David	M19	Asics Wests	16:00