

## Summer 2012-2013

### Club Premiership

The Athletics NSW Club Premiership was held over 6 rounds at various venues from 27 October to 22 December 2012.

The Club Premiership this season was again won by U.T.S. Northern Suburbs while Asics Wests finished in 2<sup>nd</sup> place (out of 44 competing clubs).

In the age point scores Asics Wests were placed 2<sup>nd</sup> in the Juniors, 3<sup>rd</sup> in the Open and 4<sup>th</sup> in the Masters.

Club members competing most often over the 6 rounds of the Club Premiership were:

6 rounds: Daniel Egan, Jeff Pillon, Robert Jessep, John Crandell

5 rounds: Daniel Keene, David Lewis, Michael Doggett, Kiara Fioravanti, Mohamed Al-Garawi, Hayley Boyd, Charles Hunter, Tom McCoy

4 rounds: Alex Maunder, Sianna Steele, Monique Byers, Elana Withnall, Daniel Firgau, Noge Bengamine Beshere, Emma Boyd, Jackson Boyd, Tavleen Singh, Kev Wills, Paul de la Motte, Sara Klein

### NSW 3000m Championships

10 November 2012

Sydney Olympic Park Athletic Centre

Group	Event	Name	Place	Performance
Open Female	3000m	Georgia Wassall	B Race 1 <sup>st</sup>	10:21.90
		Estella Pounder	B Race 7 <sup>th</sup>	10:51.85
		Hayley Boyd	C Race 5 <sup>th</sup>	11:50.04
		Emma Boyd	C Race 11 <sup>th</sup>	12:58.55
Open Male	3000m	Charlie Hunter	B Race 19 <sup>th</sup>	9:03.59
		Richard Roberts	C Race 15 <sup>th</sup>	9:08.24
		Tom McCoy	D Race 13 <sup>th</sup>	9:39.92
		Tom Roberts	E Race 12 <sup>th</sup>	9:43.63
		James Jeffery	G Race -	DNF
		Jackson Boyd	H Race 15 <sup>th</sup>	12:31.67
		Stephen Boyd	H race 16 <sup>th</sup>	12:53.48

### NSW Relay Championships

17 & 18 November 2012

Sydney Olympic Park Athletic Centre

The Club won 7 Gold, 7 Silver and 4 Bronze medals at the 2012 Relays. Of the Gold medals, three were by the same team of Jake Stein, Kyle Cranston, Ben Baker and John Crandell winning the Open Men's Shot Put, Discus and Javelin. The Open Women's Walk team won Gold again this year while the other Gold medals went to the Open Women's Javelin team, the U20 Women's 4 x 400m team and the Men's 160+ 4 x 800m team. The following are the results of our teams and the members of those teams as far as possibly known:

Group	Event		Place	Performance
U14 Female	4 x 100m	H Swinton, A Whiting, M Clarkson, M McCrohon	Prelim	55.76
		S Playford, H Swinton, A Whiting, M Clarkson	8 <sup>th</sup>	55.30
	4 x 800m	C Miller, H Swinton, A Rockliff, S Playford	2 <sup>nd</sup>	9:54.01
	4 x 800m	H Moloney, A Whiting, B Ivankovic, S Pye	6 <sup>th</sup>	10:49.33
	4x1500m W	B Ferguson, R Hardy, K Ellyard, S Steele	2 <sup>nd</sup>	35:52.04
	4 x 1500m	S Playford, H Moloney, C Miller, S Saunders	2 <sup>nd</sup>	20:54.82
	4 x 1500m	J Tibbett, S Steele, B Ivankovic, K Ellyard	4 <sup>th</sup>	22:14.43
	Discus	M Clarkson, M McCrohon, S Saunders, H Swinton	2 <sup>nd</sup>	98.70m
U16 Female	4 x 100m	K Brook, M Byers, M Clarkson, J Wotton	14 <sup>th</sup>	54.62
	4 x 400m	M Byers, J Wotton, J Tibbett, O Reynolds	6 <sup>th</sup>	4:18.70
	4 x 800m	M Byers, J Wotton, S Pye, C Winser	5 <sup>th</sup>	10:48.39
U18 Female	4 x 200m	T Singh, K Brook, M McCrohon, M Byers	3 <sup>rd</sup>	1:47.43
	4 x 800m	G Wassall, S Saunders, A Irwin, A Dutkiewicz	4 <sup>th</sup>	9:46.47
	Discus	L O'Dea, G Swinton, N Gusman, C Winser	5 <sup>th</sup>	106.18m
	Javelin	G Swinton, M Clarkson, H Swinton, S Saunders	5 <sup>th</sup>	96.70m
U20 F	4 x 400m	G Wassall, S Klein, K Blair, N Gusman	1 <sup>st</sup>	4:00.22
Open Female	4 x 100m	R Goodwin, E Withnall, A Blackett, K Fioravanti	Prelim	51.34
			6 <sup>th</sup>	51.26
	4 x 200m	R Goodwin, L Clark, K Fioravanti, E Withnall	Prelim	1:49.43
			7 <sup>th</sup>	1:52.01
	4x1500m W	K Klein, S Southern, S Jennings, T Porley	1 <sup>st</sup>	29:38.07
	1600 Medley	? , E Withnall, T Singh, D Bengamine Beshere	5 <sup>th</sup>	4:28.41
	Long Jump	S Klein, L Clark, E Withnall, N Gusman	3 <sup>rd</sup>	20.15m
	Shot Put	L Comford, K Fioravanti, E Withnall, N Gusman	4 <sup>th</sup>	38.31m
Javelin	L Comford, K Blackett, K Fioravanti, E Withnall	1 <sup>st</sup>	146.60m	
U14 Male	4 x 100m	C Fairweather, C Henney, L Gleeson, S Campbell	Prelim 9 <sup>th</sup>	54.47
	4 x 800m	M Nicholas, T Benson, T Williams, C Henney	6 <sup>th</sup>	10:01.11
	Long Jump	H Perry, A Keene, S Campbell, C Fairweather	5 <sup>th</sup>	18.02m
	Shot Put	H Perry, A Keene, L Zurrini, S Campbell	5 <sup>th</sup>	40.08m
	Discus	H Perry, L Gleeson, A Keene, S Campbell	2 <sup>nd</sup>	126.57m
U16 M	4 x 200m	C Fairweather, L Zurrini, S Campbell, A Keene	11 <sup>th</sup>	1:57.45
U18 Male	4 x 100m	J Ram, R Stein, Jon Gusman, D Fergau	15 <sup>th</sup>	49.81m
	4 x 800m	D Keene, T McCoy, H Sly, C Hunter	2 <sup>nd</sup>	8:08.96
	4 x 1500m	D Keene, T McCoy, C Hunter, Jon Gusman	5 <sup>th</sup>	18:07.36
	High Jump	R Stein, N Gusman, J Ram, Jon Gusman	4 <sup>th</sup>	6.45m
	Long Jump	R Stein, J Ram, T McCoy, Jon Gusman	7 <sup>th</sup>	21.29m
	Shot Put	R Stein, J Ram, D Fergau, Jon Gusman	3 <sup>rd</sup>	38.43m
	Discus	R Stein, J Ram, Jon Gusman, Nicole Gusman	5 <sup>th</sup>	97.89m

Group	Event		Place	Performance
	Javelin	R Stein, J Ram, L Gleeson, Jon Gusman	4 <sup>th</sup>	144.91m
Open Male	4 x 100m	N Le Guen, J Crandell, K Cranston, J Ram	12 <sup>th</sup>	43.54
	4 x 100m	A Maunder, R Jessep, D Egan, J Pillon	18 <sup>th</sup>	45.40
	4 x 200m	N Le Guen, J Crandell, A Maunder, D Egan	12 <sup>th</sup>	1:33.77
	4 x 400m	J Pillon, N Bengamine Beshere, N Le Guen, R Jessep	12 <sup>th</sup>	3:39.66
	1600 Medley	M Doggett (8), G Ritchie (4), J Pillon (2), J Ram (2)	-	DQ
	High Jump	D Wood, R Stein, N Gusman, C Jones	3 <sup>rd</sup>	7.10m
	Long Jump	D Egan, R Stein, J Crandell, N Le Guen	2 <sup>nd</sup>	24.72m
	Shot Put	J Stein, K Cranston, B Baker, J Crandell	1 <sup>st</sup>	50.40m
	Discus	J Stein, K Cranston, J Crandell, B Baker	1 <sup>st</sup>	153.55m
	Javelin	B Baker, J Stein, J Crandell, K Cranston	1 <sup>st</sup>	248.24m
	Javelin	R Stein, D Wood, R Jessep, D Egan	4 <sup>th</sup>	195.06m
160+ M	4 x 800m	J Jeffery, M Haines, G Ritchie, M Doggett	1 <sup>st</sup>	9:06.64

Thank you to the Team Manager Jeff Pillon for all the work in putting together and organising these teams.

**NSW Combined Event Championships  
5 & 6 January 2013  
Campbelltown**

In the U18 Decathlon Rhys Stein won the State title with 6240 points.

Group	Event	Name	Place	Performance
U20 Female	Heptathlon	Nicole Gusman	3 <sup>rd</sup>	3822
Open Female	Heptathlon	Kiara Fioravanti	2 <sup>nd</sup>	4362
		Elana Withnall	4 <sup>th</sup>	4219
U16 Male	Heptathlon	Jonathon Gusman	4 <sup>th</sup> (3 <sup>rd</sup> NSW)	1975
U18 Male	Decathlon	Rhys Stein	1 <sup>st</sup>	6240

**NSW 10000m Track Walk Championships  
5 January 2013  
Campbelltown**

Kirsty Klein placed second in the Open Women's 10000m Race Walk.

Group	Event	Name	Place	Performance
Open Female	10000m Walk	Kirsty Klein	2 <sup>nd</sup>	52:45.17
		Shannon Jennings	4 <sup>th</sup>	55:19.68
		Shay Southern	7 <sup>th</sup>	1:00:36.80

**NSW Club Championships**  
**12 January 2013**  
**Sydney Olympic Park Athletic Centre**

At this one day competition our female team was placed 3<sup>rd</sup> and our male team 6<sup>th</sup> for an overall placing of 4<sup>th</sup>. (In the final event of the day our Men's 4 x 100m did not finish and therefore the male team slipped from 4<sup>th</sup> to 6<sup>th</sup> and our overall placing went from 3<sup>rd</sup> to 4<sup>th</sup>).

The team point score in this competition was conducted over 10 events in the Open age group. Athletes competing in Club Championship events were: Katrina Blackett, Kiara Fioravanti, Julia Slezacek (3<sup>rd</sup> High Jump 1.65m), Tavleen Singh (2<sup>nd</sup> 100m 12.26), Sara Klein, Monique Byers, Hayley Boyd, Georgia Wassall (1<sup>st</sup> 1500m 4:39.09), Sianna Steele, Jessica Tibbett, Larissa O'Dea, Eleanor Clarkson, Lauren Clark, Kirsty Klein (2<sup>nd</sup> 3000m Walk 14:02.78), Shay Southern, Daniel Egan, John Crandell, Robert Jessep, Dean Wood, Rhys Stein, Alexander Maunder, Jack Bangel, Jeff Pillon, Tom McCoy, Jackson Boyd, Charles Hunter (3<sup>rd</sup> 1500m 4:04.40), Michael Doggett, Stephen Boyd, John Crandell (2<sup>nd</sup> Javelin 57.54m).

**NSW Junior Championships**  
**8, 9 & 10 February 2013**  
**Sydney Olympic Park Athletic Centre**

The Club again had many competitors at the State Junior Championships. Tavleen Singh won double Gold with wins in both the 100m and 200m while our Pole Vaulters did well again this year with Gold to Binta Salawu, Elizabeth Baral, Gabriel Wahl and Angus Armstrong. Gold medals were also won by Georgia Wassall in the 800m, Nicole Gusman in the High Jump, Katrina Blackett in the Javelin, Sara Klein in the 400m Hurdles, Kirsty Klein in the 5000m Walk and Jack Bangel in the 400m Hurdles. Other athletes who did well taking minor medals were Sianna Steele, Maria McCrohon, Shay Southern, Zane Camenzuli, Hayden Perry, Rhys Stein, Mudith Jayasekara and Vinay Karamil.

<b>Group</b>	<b>Event</b>	<b>Name</b>	<b>Place</b>	<b>Performance</b>
U14 Female	1500m	Sianna Steele	2 <sup>nd</sup>	5:02.22
	1500m	Sarah Playford	-	DNF
	80m Hurdles	Maria McCrohon	5 <sup>th</sup>	(1.4) 14.64
	200m Hurdles	Maria McCrohon	3 <sup>rd</sup>	(-1.6) 33.70
	High Jump	Maria McCrohon	4 <sup>th</sup>	1.45m
	Pole Vault	Binta Salawu	1 <sup>st</sup>	3.00m
	Discus	Maria McCrohon	2 <sup>nd</sup>	30.14m
U16 Female	200m	Elizabeth Baral	Prelim	(0.0) 26.73
	200m	Courtney Lambert	Prelim 20 <sup>th</sup>	(0.0) 28.19
	200m	Elizabeth Baral	Final 9 <sup>th</sup>	(0.9) 26.87

Group	Event	Name	Place	Performance
	200m	Hannah Swinton	Prelim 16 <sup>th</sup>	64.27
	400m	Courtney Lambert	Prelim 19 <sup>th</sup>	65.04
	1500m	Jessica Tibbett	Prelim 16 <sup>th</sup>	5:17.97
	1500m	Sophie Saunders	Prelim 17 <sup>th</sup>	5:27.74
	3000m	Sophie Saunders	7 <sup>th</sup>	11:36.62
	90m Hurdles	Renee Elliot-Watson	Prelim	(0.1) 14.03
	90m Hurdles	Renee Elliot-Watson	Final 9 <sup>th</sup>	(1.0) 14.85
	200m Hurdles	Renee Elliot-Watson	Prelim	(0.0) 31.01
	200m Hurdles	Renee Elliot-Watson	Final 4 <sup>th</sup>	(-5.0) 32.19
	High Jump	Marnie Clarkson	4 <sup>th</sup>	1.55m
	High Jump	Hannah Swinton	11 <sup>th</sup>	1.50m
	Pole Vault	Elizabeth Baral	1 <sup>st</sup>	3.10m
	Long Jump	Ebony Burnard	15 <sup>th</sup>	(0.1) 4.71m
	Long Jump	Elizabeth Baral	23 <sup>rd</sup>	(1.6) 4.28m
	Shot Put	Ebony Burnard	8 <sup>th</sup>	11.31m
	Discus	Ebony Burnard	13 <sup>th</sup>	29.28m
	Discus	Marnie Clarkson	20 <sup>th</sup>	25.75m
	Javelin	Georgia Swinton	6 <sup>th</sup>	31.38m
	Javelin	Marnie Clarkson	14 <sup>th</sup>	26.13m
U18 Female	800m	Georgia Wassall	Prelim	2:18.43
	800m	Amanda Irwin	Prelim 14 <sup>th</sup>	2:24.84
	800m	Georgia Wassall	Final 1 <sup>st</sup>	2:11.13
	400m Hurdles	Kristie Blair	6 <sup>th</sup>	72.65
	High Jump	Lauren Russell	7 <sup>th</sup>	1.55m
	Discus	Larissa O'Dea	5 <sup>th</sup>	36.62m
U20 Female	100m	Tavleen Singh	Prelim	(0.0) 12.16
	100m	Tavleen Singh	Final 1 <sup>st</sup>	(3.3) 11.87
	200m	Tavleen Singh	Prelim	(1.2) 24.53
	200m	Tavleen Singh	Final 1 <sup>st</sup>	(-0.8) 24.29
	400m Hurdles	Sara Klein	1 <sup>st</sup>	60.40
	400m Hurdles	Nicole Gusman	4 <sup>th</sup>	69.84
	High Jump	Nicole Gusman	1 <sup>st</sup>	1.68m
	Javelin	Katrina Blackett	1 <sup>st</sup>	36.44m
	5000m Walk	Kirsty Klein	1 <sup>st</sup>	24:44.37
	5000m Walk	Shay Southern	3 <sup>rd</sup>	27:29.64
	5000m Walk	Tabitha Porley	4 <sup>th</sup>	29:11.30
U14 Male	90m Hurdles	Zane Camenzuli	3 <sup>rd</sup>	(1.1) 16.00
	200m Hurdles	Zane Camenzuli	2 <sup>nd</sup>	(-8.0) 34.13
U16 Male	800m	Michael Nicholas	Prelim 11 <sup>th</sup>	2:12.10
	1500m	Michael Nicholas	9 <sup>th</sup>	4:29.64
	1500m	Tom Roberts	16 <sup>th</sup>	4:33.64
	3000m	Tom Roberts	8 <sup>th</sup>	9:51.10
	200m Hurdles	Jonathon Gusman	7 <sup>th</sup>	(-0.3) 34.13
	High Jump	Hayden Perry	3 <sup>rd</sup>	1.74m
	High Jump	Jonathon Gusman	-	NH
	Pole Vault	Gabriel Wahl	1 <sup>st</sup>	2.80m

Group	Event	Name	Place	Performance
	Triple Jump	Jonathon Gusman	7 <sup>th</sup>	(1.8) 9.76m
	Discus	Hayden Perry	14 <sup>th</sup>	37.16m
	Javelin	Hayden Perry	2 <sup>nd</sup>	48.80m
	Javelin	Jonathon Gusman	14 <sup>th</sup>	28.60m
U18 Male	800m	Daniel Keene	Prelim	1:58.98
	800m	Daniel Keene	Final 7 <sup>th</sup>	2:03.66
	3000m	Hayden Sly	9 <sup>th</sup>	9:44.89
	110m Hurdles	Rhy Stein	Prelim	(0.0) 15.31
	110m Hurdles	Rhy Stein	Final 3 <sup>rd</sup>	(1.2) 14.68
	Pole Vault	Angus Armstrong	1 <sup>st</sup>	4.40m
	Pole Vault	Mudith Jayasekara	2 <sup>nd</sup>	4.40m
	Long Jump	Rhys Stein	4 <sup>th</sup>	(2.0) 6.52m
	Discus	Rhys Stein	7 <sup>th</sup>	43.03m
	Javelin	Rhys Stein	3 <sup>rd</sup>	61.50m
U20 Male	100m	Vinay Karamil	Prelim 18 <sup>th</sup>	(1.5) 12.14
	400m Hurdles	Jack Bangel	1 <sup>st</sup>	54.30
	3000m Steeple	Tom McCoy	-	DNF
	Triple Jump	Vinay Karamil	3 <sup>rd</sup>	(3.9) 13.70m

**NSW 5000m Championships**  
**16 February 2013**  
**Sydney Olympic Park Athletic Centre**

The Club did not have any runners in the 5000m Championships this season.

**Australian Junior Combined Event Championships**  
**16 & 17 February 2013**  
**Santos Stadium, Adelaide**

Rhys Stein placed second in the U18 Decathlon at the Australian Combined Event Championships.

Group	Event	Name	Place	Performance
U18 Male	Decathlon	Rhys Stein	2 <sup>nd</sup>	6553

**NSW Open and AWD Championships**  
**1, 2 & 3 March 2013**  
**Sydney Olympic Park Athletic Centre**

The Club's State Open Champions were Georgia Wassall in the 1500m, Sara Klein in the 400m Hurdles, Elizabeth Baral in the Pole Vault and Ben Baker in the Javelin.

Group	Event	Name	Place	Performance
Open Female	200m	Tavleen Singh	Prelim	(-0.4) 25.14
	200m	Kiara Fioravanti	Prelim 20 <sup>th</sup>	(-0.8) 26.83
	200m	Tavleen Singh	Final 4 <sup>th</sup>	(-0.3) 24.45
	1500m	Georgia Wassall	1 <sup>st</sup>	4:23.00
	1500m	Abbey Rockliff	15 <sup>th</sup>	4:50.24
	100m Hurdles	Elana Withnall	Prelim 8 <sup>th</sup>	(-0.5) 15.89
	400m Hurdles	Sara Klein	1 <sup>st</sup>	60.75
	Pole Vault	Elizabeth Baral	1 <sup>st</sup>	3.40m
	Long Jump	Elana Withnall	16 <sup>th</sup>	(3.4) 5.17m
	Long Jump	Kiara Fioravanti	17 <sup>th</sup>	(1.9) 5.02m
	Triple Jump	Lauren Clark	-	FOUL
	Javelin	Kiara Fioravanti	6 <sup>th</sup>	37.06m
	Open Male	800m	Charles Hunter	Prelim 13 <sup>th</sup>
800m		Michael Doggett	Prelim 21 <sup>st</sup>	2:00.74
1500m		Daniel Keene	Prelim 19 <sup>th</sup>	4:05.73
1500m		Michael Doggett	Prelim 23 <sup>rd</sup>	4:08.23
1500m		Tom McCoy	Prelim 26 <sup>th</sup>	4:13.13
400m Hurdles		Cameron Jones	Prelim	58.11
400m Hurdles		Cameron Jones	Final 7 <sup>th</sup>	57.53
Pole Vault		Nathan Rushworth	3 <sup>rd</sup>	4.50m
Pole Vault		Angus Armstrong	4 <sup>th</sup>	4.30m
Pole Vault		Mudith Jayasekara	-	NH
Long Jump		Daniel Egan	10 <sup>th</sup>	(1.1) 6.02m
Javelin		Benjamin Baker	1 <sup>st</sup>	68.71m
Javelin		John Crandell	6 <sup>th</sup>	55.66m

### Australian Junior Championships

12 - 17 March 2013

WA Athletics Stadium, Perth

At these titles our Australian Champions were Binta Salawu and Elizabeth Baral in the Pole Vault, Georgia Wassall in the 800m and 1500m, Tavleen Singh in the 200m, Sara Klein in the 400m Hurdles and Rhys Stein in the Javelin.

Group	Event	Name	Place	Performance
U14 Female	1500m	Sianna Steele	8 <sup>th</sup>	5:03.66
	High Jump	Maria McCrohon	4 <sup>th</sup>	1.55m
	Pole Vault	Binta Salawu	1 <sup>st</sup>	3.20m
	Discus	Maria McCrohon	4 <sup>th</sup>	30.43m
U15 Female	90m Hurdles	Renee Elliot-Watson	Prelim	(-0.2) 13.77
	90m Hurdles	Renee Elliot-Watson	Final 3 <sup>rd</sup>	(-0.1) 13.74
	200m Hurdles	Renee Elliot-Watson	Prelim	(-0.1) 30.39
	200m Hurdles	Renee Elliot-Watson	Final 3 <sup>rd</sup>	(0.9) 30.60

Group	Event	Name	Place	Performance
	High Jump	Marnie Clarkson	7 <sup>th</sup>	1.53m
	Long Jump	Ebony Burnard	11 <sup>th</sup>	(-0.6) 4.60m
	Shot Put	Ebony Burnard	7 <sup>th</sup>	11.05m
	Discus	Marnie Clarkson	7 <sup>th</sup>	31.23m
	3000m Walk	Ebony Burnard	5 <sup>th</sup>	16:24.57
U16 F	Pole Vault	Elizabeth Baral	1 <sup>st</sup>	3.45m
U17 Female	High Jump	Lauren Russell	10 <sup>th</sup>	1.50m
	Pole Vault	Elizabeth Baral	1 <sup>st</sup>	3.56m
U18 Female	800m	Georgia Wassall	Prelim	2:13.07
	800m	Amanda Irwin	Prelim 17 <sup>th</sup>	2:20.08
	800m	Georgia Wassall	Final 1 <sup>st</sup>	2:06.88
	1500m	Georgia Wassall	1 <sup>st</sup>	4:29.78
	Discus	Larissa O'Dea	4 <sup>th</sup>	38.13m
U20 Female	100m	Tavleen Singh	Prelim	(-1.7) 12.41
	100m	Tavleen Singh	Final 5 <sup>th</sup>	(-0.7) 12.31
	200m	Tavleen Singh	Prelim	(-0.6) 24.52
	200m	Tavleen Singh	Final 1 <sup>st</sup>	(-1.7) 24.68
	400m Hurdles	Sara Klein	Prelim	62.79
	400m Hurdles	Nicole Gusman	Prelim 14 <sup>th</sup>	72.90
	400m Hurdles	Sara Klein	Final 1 <sup>st</sup>	59.47
	High Jump	Nicole Gusman	4 <sup>th</sup>	1.65m
	Javelin	Katrina Blackett	3 <sup>rd</sup>	40.68m
	10000m Walk	Kirsty Klein	2 <sup>nd</sup>	49:32.41
	10000m Walk	Tabitha Porley	5 <sup>th</sup>	54:34.21
	10000m Walk	Shay Southern	6 <sup>th</sup>	54:43.07
U14 Male	90m Hurdles	Zane Camenzuli	7 <sup>th</sup>	(2.3) 16.35
U15 Male	800m	Michael Nicholas	Prelim	2:09.24
	800m	Michael Nicholas	Final 8 <sup>th</sup>	2:10.18
	1500m	Michael Nicholas	8 <sup>th</sup>	4:32.40
	High Jump	Hayden Perry	4 <sup>th</sup>	1.75m
	Pole Vault	Gabriel Wahl	3 <sup>rd</sup>	2.80m
	Javelin	Hayden Perry	4 <sup>th</sup>	45.59m
U16 Male	200m Hurdles	Jonathon Gusman	Prelim 12 <sup>th</sup>	(-0.7) 35.38
	Triple Jump	Jonathon Gusman	-	FOUL
U18 Male	800m	Charles Hunter	Prelim 9 <sup>th</sup>	1:58.14
	1500m	Charles Hunter	2 <sup>nd</sup>	3:53.30
	110m Hurdles	Rhys Stein	Prelim	(0.6) 14.43
	110m Hurdles	Rhys Stein	Final 4 <sup>th</sup>	(-2.7) 14.99
	Pole Vault	Angus Armstrong	2 <sup>nd</sup>	4.65m
	Pole Vault	Mudith Jayasekara	-	NH
	Long Jump	Rhys Stein	10 <sup>th</sup>	(-0.1) 6.31m
	Javelin	Rhys Stein	1 <sup>st</sup>	68.86m
U20 Male	110m Hurdles	Jack Bangel	Prelim	(0.7) 15.29
	110m Hurdles	Jack Bangel	Final 6 <sup>th</sup>	(1.1) 14.99
	400m Hurdles	Jack Bangel	Prelim	54.86
	400m Hurdles	Jack Bangel	Final 2 <sup>nd</sup>	54.88

Group	Event	Name	Place	Performance
	Pole Vault	Angus Armstrong	3 <sup>rd</sup>	4.75m
	Pole Vault	Mudith Jayasekara	5 <sup>th</sup>	4.45m
	Triple Jump	Vinay Karamil	3 <sup>rd</sup>	(1.4) 14.08m
	Shot Put	Jake Stein	2 <sup>nd</sup>	15.47m

In addition to the above individual results Georgia Wassall ran in the NSW U18 Women's 4 x 400m relay team that won Gold, Tavleen Singh ran in the winning NSW U20 Women's 4 x 100m team and Sara Klein was in the winning NSW U20 Women's 4 x 400m team.

**NSW Masters Championships**  
**16 & 17 March 2013**  
**Sydney Olympic Park Athletic Centre**

Our State Masters Champions for 2013 were Joan Purcell in the 5000m Walk, Michael Doggett in the 1500m, Simon White in the 3000m Steeplechase and Grant Newey in the Javelin while Robert Mason took three Silver and two Bronze medals.

Group	Event	Name	Place	Performance
70-74 F	5000m Walk	Joan Purcell	1 <sup>st</sup>	35:24.97
35-39 Male	800m	Michael Doggett	2 <sup>nd</sup>	2:00.15
	1500m	Michael Doggett	1 <sup>st</sup>	4:09.43
	1500m	Simon White	3 <sup>rd</sup>	4:34.95
	3000m Steeple	Simon White	1 <sup>st</sup>	11:35.20
40-44 Male	Discus	Grant Newey	2 <sup>nd</sup>	36.08m
	Javelin	Grant Newey	1 <sup>st</sup>	46.65m
45-49 Male	5000m	Robert Mason	2 <sup>nd</sup>	26:54.28
	400m Hurdles	Robert Mason	2 <sup>nd</sup>	1:31.72
	3000m Steeple	Robert Mason	3 <sup>rd</sup>	16:30.76
	High Jump	Robert Mason	3 <sup>rd</sup>	1.10m
	Triple Jump	Robert Mason	2 <sup>nd</sup>	(NWI) 6.78m
50-54 Male	60m	Mark Walsh	9 <sup>th</sup>	(-3.5) 9.27
	100m	Mark Walsh	Prelim 15 <sup>th</sup>	(0.7) 14.61

Also at these Championships officiating in the field were recently accredited officials John Crandell and Kiara Fioravanti.

**Australian Masters Athletics Championships**  
**29 March to 1 April 2013**  
**AIS Athletics Track, Canberra**

Group	Event	Name	Place	Performance
35-39	5000m	Simon White	4 <sup>th</sup>	17:12.40

Group	Event	Name	Place	Performance
Male	3000m Steeple	Simon White	1 <sup>st</sup>	11:09.00
40-44	800m	Michael Doggett	1 <sup>st</sup>	2:01.52
Male	1500m	Michael Doggett	1 <sup>st</sup>	4:15.69

**Australian Athletics Championships**  
**11 – 14 April 2013**  
**Sydney Olympic Park Athletic Centre**

At the 91<sup>st</sup> Australian Athletics Championships medals were won by Georgia Wassall second Australian in the 800m and Sara Klein third in the 400m Hurdles.

Group	Event	Name	Place	Performance
Open Female	800m	Georgia Wassall	Prelim	2:05.00
	800m	Georgia Wassall	Final 3 <sup>rd</sup> (2 <sup>nd</sup> Aust)	2:03.37
	400m Hurdles	Sara Klein	Prelim	60.76
	400m Hurdles	Sara Klein	Final 3 <sup>rd</sup>	59.89
	Pole Vault	Elizabeth Baral	9 <sup>th</sup>	3.30m
	Heptathlon	Elana Withnall	10 <sup>th</sup>	4243
	Heptathlon	Kiara Fioravanti	-	-
	5000m Walk	Kirsty Klein	4 <sup>th</sup>	24:05.07
	5000m Walk	Shay Southern	8 <sup>th</sup>	27:12.15
	5000m Walk	Tabitha Porley	-	DNF
Open Male	400m Hurdles	Jack Bangel	Prelim 9 <sup>th</sup>	53.76
	Pole Vault	Nathan Rushworth	-	NH
	Javelin	Benjamin Baker	Prelim 3 <sup>rd</sup>	72.32m
	Javelin	John Crandell	Prelim 14 <sup>th</sup>	60.69m
	Javelin	Benjamin Baker	Final 6 <sup>th</sup> (4 <sup>th</sup> Aust)	72.83m

Georgia Wassall's time of 2:03.37 broke her own NSW U18 and U20 record and was the third fastest time ever by an Australian Junior.

## The Harrier Report, Winter 2012

### West Metropolitan 2012 Running Season

The West Metropolitan series was conducted on 15 afternoons between April and August 2012. The Asics Wests athletes who were placed in the top 3 in the West Metropolitan season point scores:

Event		Name	Place
Shorter Event	Female U12	Hannah Moloney	1 <sup>st</sup>
Medium Event	Female U12	Breanna Ivankovic	1 <sup>st</sup>
	Male 30+	Michael Haines	2 <sup>nd</sup>
	Male 55+	David Lewis	2 <sup>nd</sup>
Longer Event	Male 30+	Michael Doggett	1 <sup>st</sup>

### Championship Events

In the ANSW 2012 Winter Club Trophy Asics Wests finished in 8<sup>th</sup> place. In respective Winter Premiership tallies the teams that finished in the top three were: the U12 Women 2<sup>nd</sup>, U18 Women 3<sup>rd</sup>, U20 Women 3<sup>rd</sup>, 35+ Men 3<sup>rd</sup> and U16 Men equal 3<sup>rd</sup>.

### NSW Mountain Running Championships

Sunday 25 March 2012

(Great Volcanic Mountain Challenge), Orange

Event	Distance	Name	Place	Time
35+ Female	11km	Bronwyn White	1 <sup>st</sup>	84:14
Open Male	11km	Robin Whiteley	2 <sup>nd</sup> (1 <sup>st</sup> 35+)	51:28
U16 Male	11km	Charlie Hunter		55:32
55+ Male	11km	Kevin Wills	1 <sup>st</sup>	71:36

Simon White 2<sup>nd</sup> 35+ in 56:11 competed for Macquarie Hunter in this event before transferring to Asics Wests.

### NSW Novice Cross Country Championships

Saturday 28 April 2012

Scarborough Park, Ramsgate

Event	Distance	Name	Place	Time
Invitation	2km	Hannah Moloney	14 <sup>th</sup>	7:47
		Amy Bonthorne	18 <sup>th</sup>	7:57

Event	Distance	Name	Place	Time
Invitation	4km	Emily Moloney	91 <sup>st</sup>	10:10
		Jack Brown	19 <sup>th</sup>	13:47
		Kimberley Tait	58 <sup>th</sup>	16:08
		Caitlin McCartney	73 <sup>rd</sup>	16:42
Novice Female	7km	Bronwyn White	34 <sup>th</sup>	34:25
Novice Male	10km	Simon White	33 <sup>rd</sup>	36:44
		Michael Doggett	41 <sup>st</sup>	37:33

**NSW Road Championships**  
**Sunday 6 May 2012**  
**Sydney Olympic Park**

In the Sydney: 10 held at Olympic Park Robin Whiteley gained Bronze for third place in the 35-39 Men with the 35+ Men's team getting Silver. While in the 5km our four runners picked up a team Silver for second place in the U18 Boys.

Event	Distance	Name	Place	Time
U12 Female	2.5km	Amy Bonthorne	6 <sup>th</sup>	9:53
		Caitlyn Ferrier	11 <sup>th</sup>	10:46
U16 Male	5km	Jack Brown	6 <sup>th</sup>	17:13
		Tom Roberts	8 <sup>th</sup>	17:17
U16 Female	5km	Ebony Camenzuli	23 <sup>rd</sup>	28:56
U18 Female	5km	Caitlin McCartney	8 <sup>th</sup>	20:36
Open	10km	Robin Whiteley	13 <sup>th</sup> (3 <sup>rd</sup> 35-39 M)	31:59
		Earl O'Brien	29 <sup>th</sup>	33:04
		Richard Roberts	50 <sup>th</sup> (5 <sup>th</sup> 40-44 M)	34:22
		Simon White	93 <sup>rd</sup> (18 <sup>th</sup> 35-39 M)	36:08
		Michael Doggett	101 <sup>st</sup> (19 <sup>th</sup> 35-39 M)	36:30
		Joel Smith	111 <sup>th</sup> (12 <sup>th</sup> U20 M)	36:49
		Tom McCoy	195 <sup>th</sup> (19 <sup>th</sup> U20 M)	39:41
Bronwyn White	398 <sup>th</sup> (14 <sup>th</sup> 40-44 F)	50:18		

U18 Male Team: 2<sup>nd</sup> (Jack Brown, Tom Roberts, Caitlin McCartney, Ebony Camenzuli)  
35+ Male Team: 2<sup>nd</sup> (Robin Whiteley, Richard Roberts, Simon White, Michael Doggett)

**NSW Cross Country Relay Championships**  
**Saturday 2 June 2012**  
**Miranda Park, Miranda**

Gold medals were won by Asics Wests teams in the U12 Girl's 4 x 2km and the 35+ Men's 4 x 4km while the U14 Girls 4 x 2km team took Bronze.

Event	Distance	Name	Place	Time
U12 Female	4 x 2km	Breanna Ivankovic		7:45

Event	Distance	Name	Place	Time
		Hannah Moloney		7:55
		Amy Bonthorne		8:10
		Abbey Rockliff		7:03
		<b>Asics Wests A</b>	<b>1<sup>st</sup></b>	<b>30:53</b>
U12 Female	4 x 2km	Mia Hemsworth		8:42
		Jessica Bird		8:50
		Emily Moloney		9:30
		Caitlyn Ferrier		8:22
		<b>Asics Wests B</b>	<b>6<sup>th</sup></b>	<b>35:24</b>
U12 Male	4 x 2km	Corey Kavanagh		7:43
		Justin Murray		8:38
		Sam Rockliff		7:57
		Jackson Boyd		8:47
			<b>4<sup>th</sup></b>	<b>33:05</b>
U14 Female	4 x 2km	Sophie Saunders		7:44
		Hannah Swinton		8:31
		Antonia Whiting		8:17
		Catherine Miller		7:39
			<b>3<sup>rd</sup></b>	<b>32:11</b>
U14 Female	2km indiv	Gabrielle Barbara		9:55
U16 Female	4 x 3km	Kimberley Tait		12:42
		Olivia Dooley		13:00
		Georgia Swinton		14:37
		Carly Winser		14:09
			<b>6<sup>th</sup></b>	<b>54:28</b>
U16 Female	3km indiv	Estella Pounder		12:27
U18 Female	4 x 3km	Hayley Boyd		13:25
		Isla Pawson		14:09
		Emma Boyd		14:35
		Caitlin McCartney		12:53
			<b>6<sup>th</sup></b>	<b>55:02</b>
U20 Female	4 x 3km	Jemma Wotton		14:54
		Shay Southern		14:01
		Georgia Dawson		14:13
		Aleisha Wawn		12:47
			<b>5<sup>th</sup></b>	<b>55:55</b>
U16 Male	4 x 3km	Jack Brown		10:55
		Benjamin Playford		12:37
		Daniel Murray		13:36
		Tom Roberts		11:27
			<b>5<sup>th</sup></b>	<b>48:35</b>
U18 Male	4 x 3km	Charlie Hunter		10:14
		Tom McCoy		10:55
		Hayden Sly		10:57
		Daniel Keene		10:45
			<b>4<sup>th</sup></b>	<b>42:51</b>

Event	Distance	Name	Place	Time
Open Female	4 x 4km	Naomi Brown		16:53
		Fiona Williams		19:13
		Nicola Rockliff		17:21
		Hilary Gumley		18:28
			<b>10<sup>th</sup></b>	<b>71:55</b>
Open Male	4 x 4km	Joel Smith		14:26
		Michael Haines		16:25
		Jeff Pillon		17:41
		James Perrett		13:48
			<b>18<sup>th</sup></b>	<b>62:20</b>
35+ Male	4 x 4km	Robin Whiteley		12:59
		Richard Roberts		13:40
		Michael Doggett		14:01
		Simon White		14:58
			<b>1<sup>st</sup></b>	<b>55:38</b>
45+ Male	4 x 4km	Glenn Ritchie		15:23
		John Murray		17:20
		David Lewis		17:36
		Mark Henney		17:21
		<b>Asics Wests A</b>	<b>6<sup>th</sup></b>	<b>67:40</b>
45+ Male	4 x 4km	Robert Mason		22:13
		Stephen Boyd		18:08
		Kevin Wills		18:07
		Paul de la Motte		20:59
		<b>Asics Wests B</b>	<b>19<sup>th</sup></b>	<b>79:27</b>

**NSW Cross Country Championships**  
**Saturday 23 June 2012**  
**Willandra, Cambewarra (Nowra)**

At the NSW Cross Country Championships Richard Roberts won a Gold medal for first place in the 40-44 years 12km, this was the fifth year in a row that he had won Gold in this age group at this event. Other medals went to Robin Whiteley for second place in the Men's 35-39 years, Naomi Brown for third place in the Women's 40-44 years and to the Men's 35-44 years first placed team.

Event	Distance	Name	Place	Time
U12 Female	2km	Madeline Playford	7 <sup>th</sup>	8:22
U12 Male	2km	Justin Murray	18 <sup>th</sup>	8:58
U14 Female	3km	Sarah Playford	12 <sup>th</sup>	11:48
		Sophie Saunders	13 <sup>th</sup>	11:54
U16 Male	4km	Tom Roberts	20 <sup>th</sup>	15:34
		Jack Brown	24 <sup>th</sup>	15:58
		Benjamin Playford	28 <sup>th</sup>	16:45

Event	Distance	Name	Place	Time
U16 Female	4km	Estella Pounder	16 <sup>th</sup>	17:28
U18 Female	4km	Caitlin McCartney	11 <sup>th</sup>	17:42
		Hayley Boyd	16 <sup>th</sup>	18:58
		Emma Boyd	18 <sup>th</sup>	21:07
U18 Male	6km	Charlie Hunter	5 <sup>th</sup> (4 <sup>th</sup> NSW)	20:22
U20 Male	8km	Joel Smith	9 <sup>th</sup>	31:19
Open Female	8km	Naomi Brown	19 <sup>th</sup> 3 <sup>rd</sup> 40-44	36:49
60+ Male	8km	Kev Wills	4 <sup>th</sup>	38:42
Open Male	12km	Robin Whiteley	11 <sup>th</sup> 2 <sup>nd</sup> 35-39	42:56
		Richard Roberts	14 <sup>th</sup> 1 <sup>st</sup> 40-44	43:55
		Michael Doggett	29 <sup>th</sup> 6 <sup>th</sup> 35-39	46:54
		Simon White	36 <sup>th</sup> 9 <sup>th</sup> 35-39	48:55
		Stephen Boyd	76 <sup>th</sup> 9 <sup>th</sup> 45-49	59:09

35+ Male Team: 1<sup>st</sup> (Robin Whiteley, Richard Roberts, Michael Doggett, Simon White)  
 U16 Male Team 4<sup>th</sup> (Tom Roberts, Jack Brown, Benjamin Playford, Estella Pounder)

Also competing at Willandra, in the 4km Fun Run were Michael Haines, John Murray and Justin Murray.

### NSW Road Relay Championships

Saturday 7 July 2012

University of Newcastle, Ourimbah, Central Coast

This was the first time that the Road Relays were held at Ourimbah. Our Club entered 11 teams and won 8 medals. Gold medals were won by the U12 Girls and U14 Girls, Silver went to the U12 Boys, U20 Women, U20 Men and the 35+ Women while Bronze medals were gained by our teams in the U18 Girls and 35+ Men. The U18 Girls team included Estella Pounder and Carly Winsor who backed up after earlier running in the U16 Girls team.

Event	Distance	Name	Place	Time
U12 Female	4 x 2km	Breanna Ivankovic		7:29
		Hannah Moloney		7:34
		Amy Bonthorne		8:13
		Abbey Rockliff		7:15
			1 <sup>st</sup>	30:31
U12 Female	2km indiv	Caitlyn Ferrier		8:57
U12 Male	4 x 2km	Thomas Popov		7:56
		Sam Rockliff		7:39
		Justin Murray		9:11
		Jackson Boyd		8:24
			2 <sup>nd</sup>	33:10
U14 Female	4 x 2km	Sarah Playford		7:22
		Hannah Swinton		7:59
		Jessica Bird		8:45

Event	Distance	Name	Place	Time
		Catherine Miller		7:17
			<b>1<sup>st</sup></b>	<b>31:23</b>
U14 Male	2km indiv	Thomas Williams		7:17
U16 Female	4 x 2km	Estella Pounder		7:23
		Gabrielle Barbara		9:30
		Georgia Swinton		8:38
		Carly Winser		8:54
			<b>4<sup>th</sup></b>	<b>34:25</b>
U18 Female	4 x 2km	Estella Pounder		7:39
		Hayley Boyd		8:04
		Emma Boyd		9:00
		Carly Winser		8:42
			<b>3<sup>rd</sup></b>	<b>33:25</b>
U20 Female	4 x 4km	Amber Dutkiewicz		16:19
		Caitlin McCartney		16:23
		Georgia Wassall		15:31
		Aleisha Wawn		16:18
			<b>2<sup>nd</sup></b>	<b>1:04:31</b>
U20 Male	4 x 4km	Charles Hunter		12:33
		Daniel Keene		13:36
		Hayden Sly		13:35
		Joel Smith		13:59
			<b>2<sup>nd</sup></b>	<b>53:43</b>
Open Male	4 x 4km	Earl O'Brien		12:13
		Michael Haines		15:00
		Jeff Pillon		16:02
		Peter Ford		15:50
			<b>15<sup>th</sup></b>	<b>59:05</b>
35+ Female	4 x 4km	Naomi Brown		15:44
		Fiona Williams		17:46
		Nicola Rockliff		16:17
		Bronwyn White		18:56
			<b>2<sup>nd</sup></b>	<b>1:08:43</b>
35+ Male	4 x 4km	Robin Whiteley		12:12
		Glenn Ritchie		14:02
		Michael Doggett		12:58
		Simon White		13:38
			<b>3<sup>rd</sup></b>	<b>52:50</b>
45+ Male	4 x 4km	Robert Mason		20:20
		Stephen Boyd		17:27
		John Murray		16:31
		Mark Henney		15:54
			<b>8<sup>th</sup></b>	<b>1:10:12</b>

Thanks to John Murray for his work in putting together teams for the Road Relays in July and also for the Cross Country Relays in June.

## NSW Short Course Cross Country Championships

**Saturday 14 July 2012**

**Upjohn Park, Dundas**

Individual medals were won by Abbey Rockliff (Gold), Sam Rockliff (Bronze), Naomi Brown (Silver) and Richard Roberts (Bronze) while team medals went to the U12 Girls (Gold), U18 Girls (Bronze), U16 Boys (Silver) and 35+ Women (Bronze).

<b>Event</b>	<b>Distance</b>	<b>Name</b>	<b>Place</b>	<b>Time</b>
U12 Female	1.5km	Abbey Rockliff	1 <sup>st</sup>	5:12.05
		Breanna Ivankovic	4 <sup>th</sup>	5:40.91
		Hannah Moloney	7 <sup>th</sup>	5:43.42
		Amy Bonthorne	8 <sup>th</sup>	5:44.14
		Madeline Playford	12 <sup>th</sup>	6:05.90
		Caitlyn Ferrier	13 <sup>th</sup>	6:08.74
		Jessica Bird	18 <sup>th</sup>	6:29.62
		Emily Moloney	21 <sup>st</sup>	6:40.40
U12 Male	1.5km	Sam Rockliff	3 <sup>rd</sup>	5:30.66
		Corey Kavanagh	10 <sup>th</sup>	6:10.32
U14 Female	2.5km	Catherine Miller	8 <sup>th</sup>	9:29
		Sarah Playford	11 <sup>th</sup>	9:45
		Hannah Swinton	15 <sup>th</sup>	10:03
U14 Male	2.5km	Thomas Williams	18 <sup>th</sup>	10:00
U16 Female	2.5km	Amber Dutkiewicz	4 <sup>th</sup>	9:46
		Estella Pounder	6 <sup>th</sup>	9:55
		Georgia Swinton	23 <sup>rd</sup>	11:57
U18 Female	2.5km	Caitlin McCartney	9 <sup>th</sup>	10:08
		Hayley Boyd	20 <sup>th</sup>	11:39
		Emma Boyd	21 <sup>st</sup>	12:35
U16 Male	2.5km	Hayden Sly	4 <sup>th</sup>	8:22
		Tom Roberts	16 <sup>th</sup>	8:57
		Jack Brown	21 <sup>st</sup>	9:22
		Benjamin Playford	28 <sup>th</sup>	10:00
U20 Female	5km	Aleisha Wawn	6 <sup>th</sup>	21:40
U20 Male	5km	Joel Smith	10 <sup>th</sup>	18:08
Open Female	5km	Naomi Brown	14 <sup>th</sup> 2 <sup>nd</sup> 40-44	20:08
		Nicola Rockliff	34 <sup>th</sup> 6 <sup>th</sup> 35-39	21:43
		Fiona Williams	77 <sup>th</sup> 7 <sup>th</sup> 35-39	24:55
		Bronwyn White	91 <sup>st</sup> 11 <sup>th</sup> 40-44	26:25
Open Male	7.5km	Earl O'Brien	20 <sup>th</sup>	26:07
		Richard Roberts	24 <sup>th</sup> 3 <sup>rd</sup> 40-44	26:15
		Simon White	41 <sup>st</sup> 7 <sup>th</sup> 35-39	28:12
		Michael Doggett	55 <sup>th</sup> 11 <sup>th</sup> 35-39	29:24
		Stephen Boyd	99 <sup>th</sup> 14 <sup>th</sup> 45-49	35:52

Event	Distance	Name	Place	Time
		Robin Whiteley	-	DNF
		Glenn Ritchie	-	DNF

U12 Female A Team 1<sup>st</sup> (Abbey Rockliff, Breanna Ivankovic, Hannah Moloney, Amy Bonthorne)

U12 Female B Team 5<sup>th</sup> (Madeline Playford, Caitlyn Ferrier, Jessica Bird, Emily Moloney)

U18 Female Team 3<sup>rd</sup> (Amber Dutkiewicz, Georgia Swinton, Caitlin McCartney, Hayley Boyd)

U16 Male Team 2<sup>nd</sup> (Hayden Sly, Tom Roberts, Jack Brown, Benjamin Playford)

35-44 Female Team 3<sup>rd</sup> (Naomi Brown, Nicola Rockliff, Fiona Williams, Bronwyn White)

### Australian Cross Country Championships

Saturday 25 August 2012

Oakbank, South Australia

At the Australian Cross Country Championships Abbey Rockliff won the Girls 11 years 3km title and was a member of the NSW Girls 11 years team that placed second behind Queensland.

Event	Distance	Name	Place	Time
10 Years Girls	2km	Hannah Moloney	4 <sup>th</sup>	8:09
		Amy Bonthorne	7 <sup>th</sup>	8:25
11 Years Girls	3km	Abbey Rockliff	1 <sup>st</sup>	11:38
12 Years Girls	3km	Catherine Miller	4 <sup>th</sup>	12:11
U14 Girls	3km	Sophie Saunders	24 <sup>th</sup>	12:42
U16 Girls	4km	Amber Dutkiewicz	54 <sup>th</sup>	18:32
U20 Women	6km	Aleisha Wawn	43 <sup>rd</sup>	31:31
U16 Boys	4km	Jack Brown	22 <sup>nd</sup>	15:06
		Hayden Sly	34 <sup>th</sup>	15:23
U18 Boys	6km	Charlie Hunter	52 <sup>nd</sup>	23:54
U20 Men	8km	Joel Smith	46 <sup>th</sup>	33:18

Team medals went to Hannah Moloney and Amy Bonthorne as members of the NSW team that placed first in the Girls 10 years 2km, Abbey Rockliff in the first placed Girls 11 years team, Catherine Miller in the second placed Girls 12 years team and Jack Brown in the third placed Boys U16 team.

### NSW Half Marathon Championships

Sunday 2 September 2012

Lake Gillawarna, Georges Hall

Event	Distance	Name	Place	Time
Open	21.1km	Simon White	10 <sup>th</sup> 3 <sup>rd</sup> 35-44 M	1:20:12
		Michael Doggett	27 <sup>th</sup> 8 <sup>th</sup> 35-44 M	1:26:40

**NSW Marathon Championships**  
**Sunday 16 September 2012**  
**Sydney**

<b>Event</b>	<b>Distance</b>	<b>Name</b>	<b>Place</b>	<b>Time</b>
Male 35-44	Marathon	Simon White	4 <sup>th</sup>	3:05:13

**Australian Mountain Running Championships**  
**Sunday 29<sup>th</sup> April 2012**  
**Mt Wellington, Hobart, Tasmania**

At the 2012 Australian Mountain Running Championships held at Mt Wellington, Hobart, Robin Whiteley was placed 4<sup>th</sup> in the Open Men's 12km in a time of 59:34.

**28<sup>th</sup> World Mountain Running Championships**  
**Sunday 2 September 2012**  
**Ponte di Legno, Italy**

Robin Whiteley was selected in the Australian team for the World Mountain Running Championships held in the Italian Alps in September 2012. On a course from Temù - Ponte di Legno to Tonale pass, Robin was 111<sup>th</sup> in the Senior Men's 14.1km (1150m ascent) in a time of 1:21:24

Michael Doggett, Cross Country Secretary

**14<sup>th</sup> IAAF World Junior Championships**  
**10 – 15 July 2012**  
**Barcelona, Spain**

At the 2012 World Junior Championships Jake Stein won the Silver medal in the Decathlon while Sara Klein after running 60.06 to place second in Heat 3 of 5, finished 6<sup>th</sup> in Semi-final 3 of the 400m Hurdles to be placed 14<sup>th</sup> overall.

<b>Group</b>	<b>Event</b>	<b>Name</b>	<b>Place</b>	<b>Performance</b>
Female	400m Hurdles	Sara Klein	14 <sup>th</sup>	58.93
Male	Decathlon	Jake Stein	2 <sup>nd</sup>	7,955

Jake Stein's performance in the Decathlon was a new Australian Junior record.

**The Olympic Games**  
**27 July – 12 August 2012**  
**London, Great Britain**

The Club had two members selected for the 2012 London Olympics – Beki Lee and Joel Milburn. In the 20km Race Walk Beki Lee recorded a personal best time to finish 28<sup>th</sup> while Joel was selected for the 4 x 400m team but did not compete.

<b>Group</b>	<b>Event</b>	<b>Name</b>	<b>Place</b>	<b>Performance</b>
Women	20km Race Walk	Beki Lee	28 <sup>th</sup>	1:32:14