

ATHLETE OF THE YEAR

JOEL MILBURN

Joel was the form 400m runner in NSW over the 2006-2007 season, running at least seven sub 48 second one lap races.

His personal best for the season was 46.54, finishing 2nd to Australian representative Mark Ormrod at the Sydney Track Classic.

This culminated in his first Open State 400m Title in February with a time of 46.97.

At the Australian Championships in Brisbane he won his first Open Championship medal finishing 3rd in the 400m.

Joel as well as competing for us at the Telstra A-Series, competed for the club at Club Premiership meets and at the one-day Club Championship meet.

Congratulations

Joel Milburn